

YOU'RE INVITED TO THE 1ST

TICA Membership Quarterly Luncheon

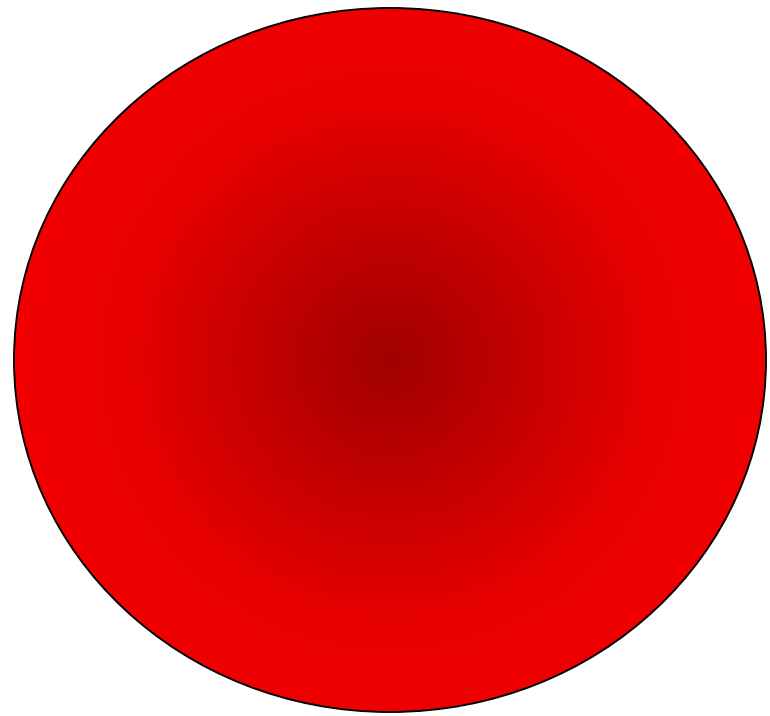
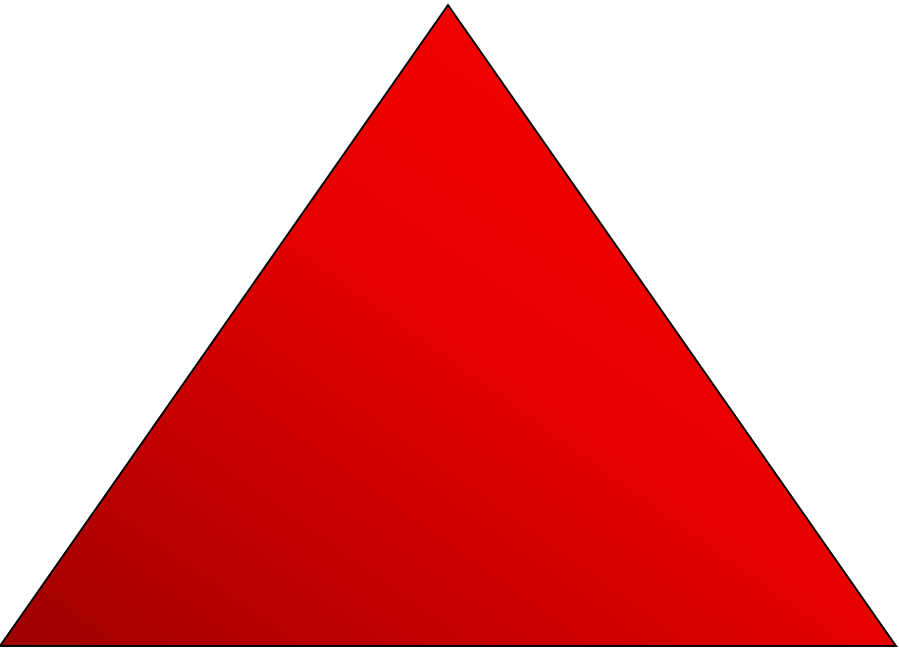
TUESDAY, 19 MARCH 2019 | 12:00 PM | GRAND HYATT ERAWAN
BANGKOK

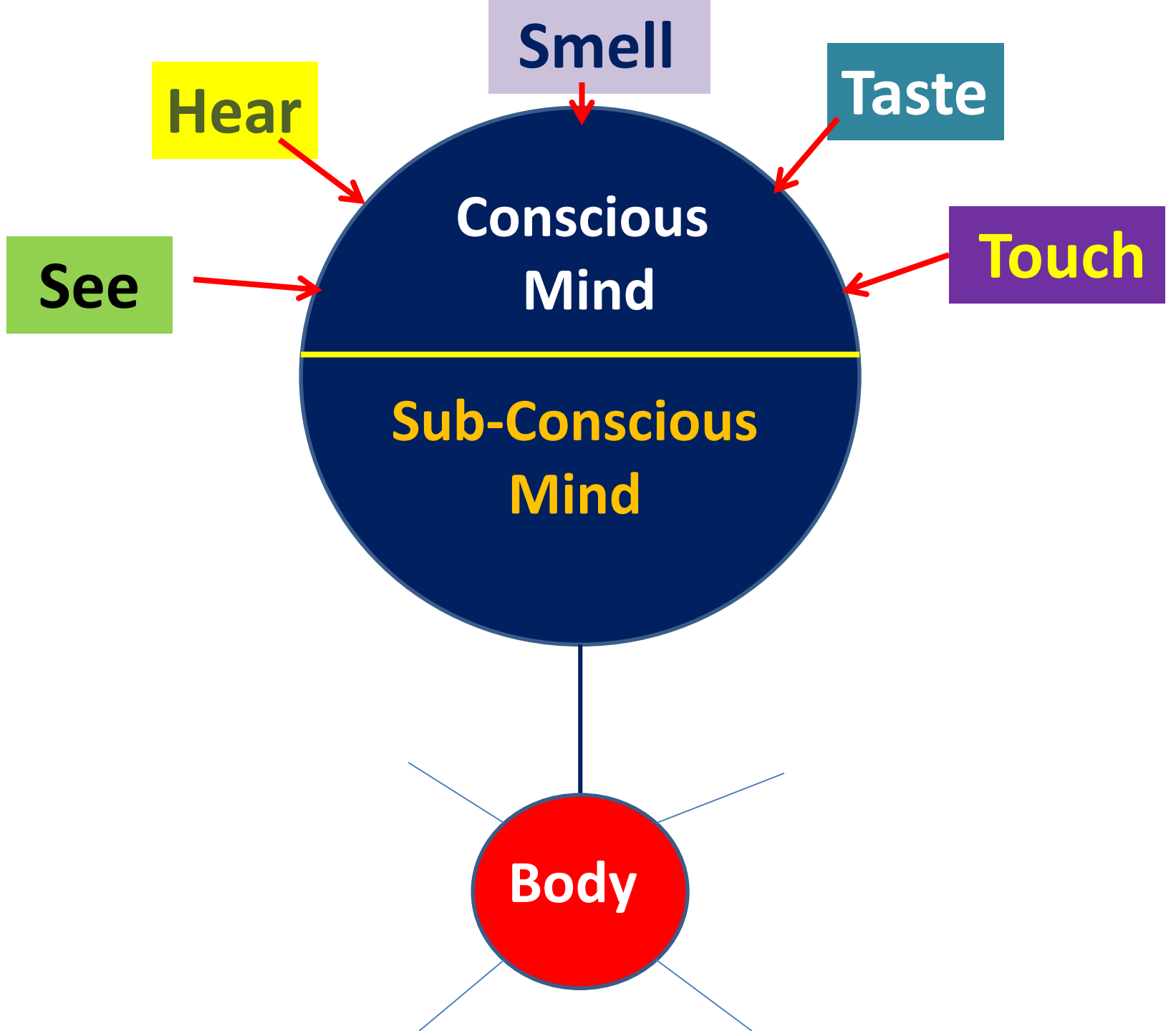


www.lesliechoudhury.com





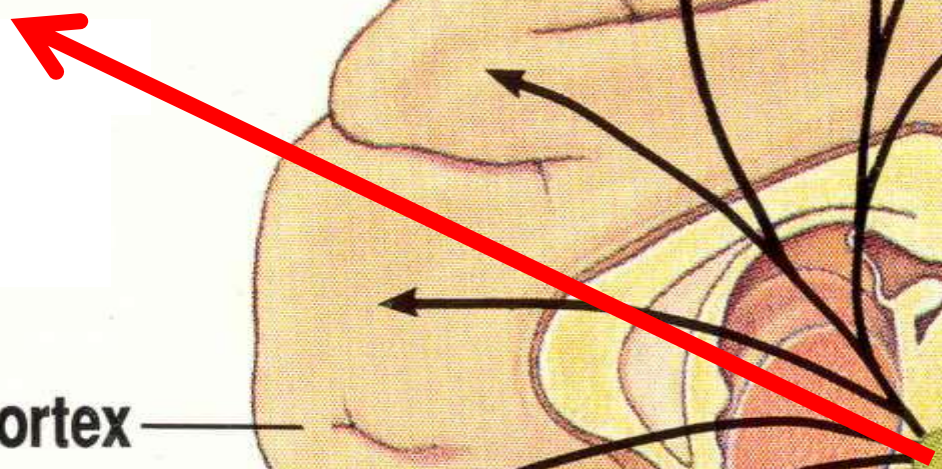




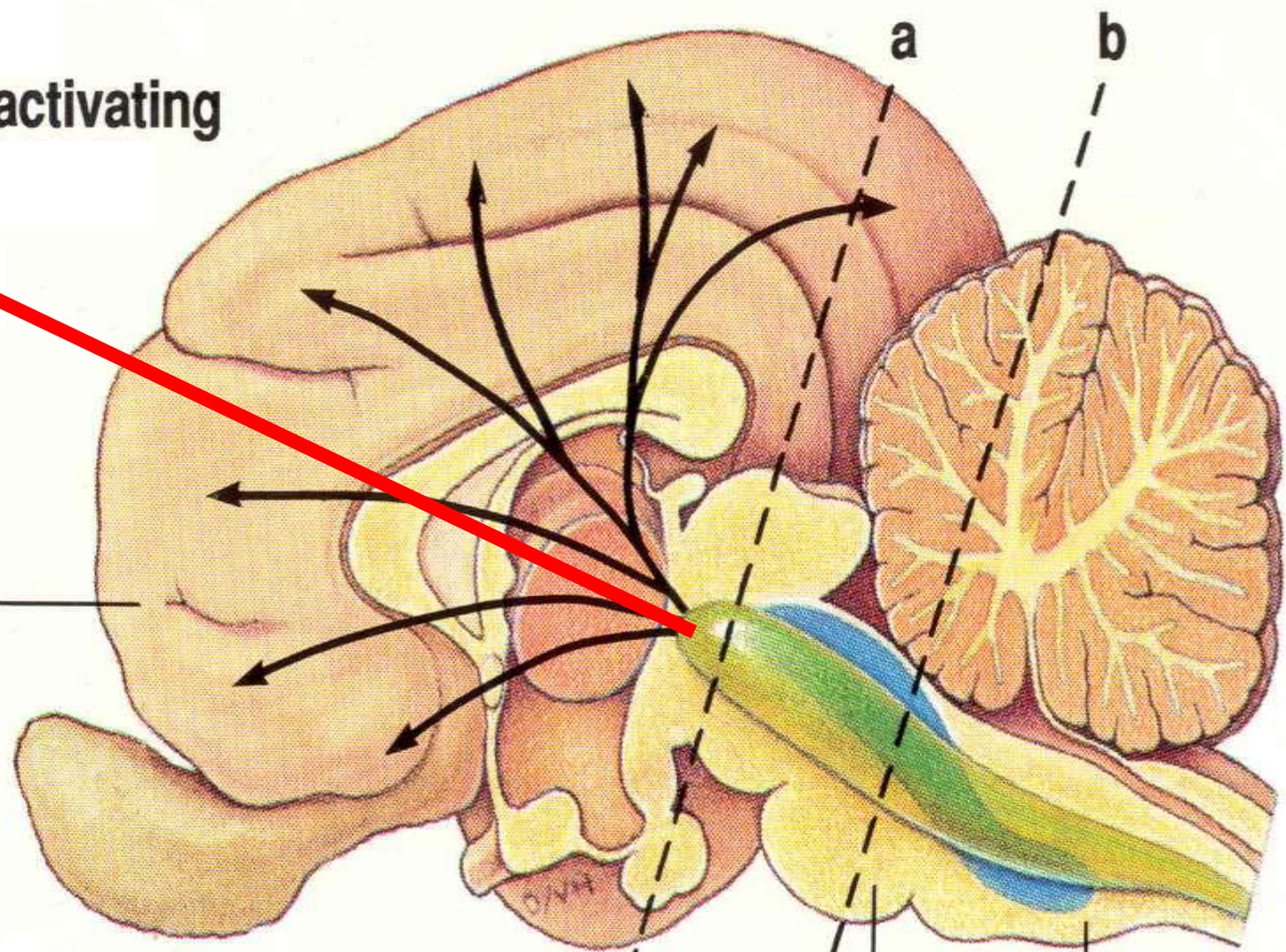


reticular activating system

R.A.S



Cerebral cortex



Cerveau isolé

Pons

Medulla



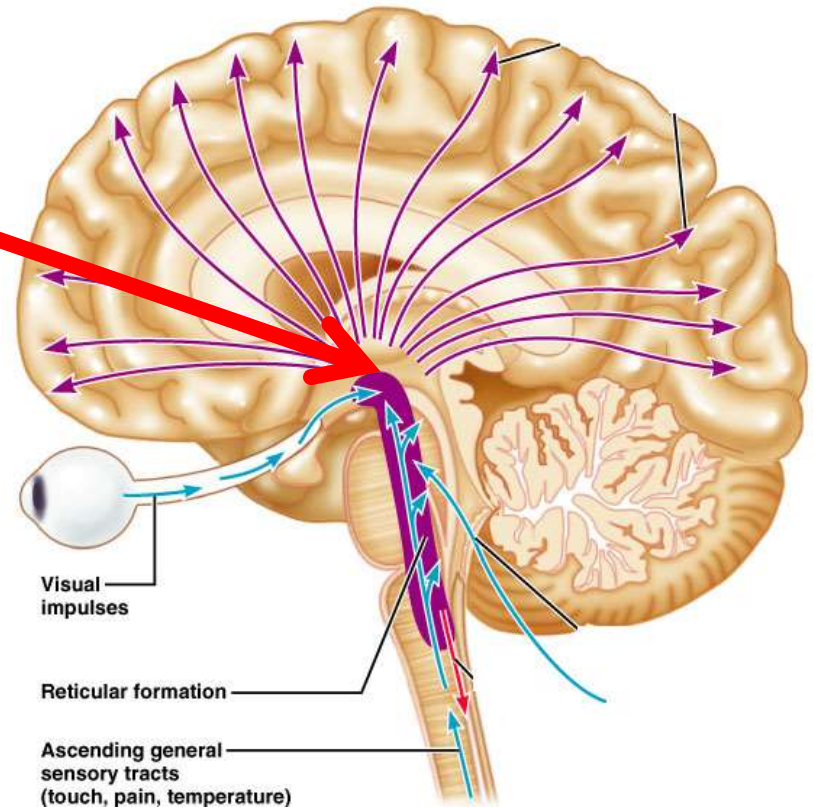
The GPS of our Brain



Reticular Activating System

- **R**eticular **A**ctivating **S**ystem **R.A.S**

- Focus & Direction (GPS)
- **Keeps you Thinking a certain way**
- Ability to trigger others
- **Be Triggered Yourself**



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**USD 1 MILLION
PROFIT**

Power of Self-Talk

*If you think you Can, or you think you Can't
... YOU'RE RIGHT!*

Henry Ford

This is going to be
a wonderful day!



**POSITIVE
THINKING**



This is going
to be a crappy
day! —

**NEGATIVE
THINKING**

**What Matters Most
Is How You
See Yourself
& What You
Say to Yourself ?**

What Matters Most
& What You
Say to Yourself
Is How You
See Yourself





PRUDENTIAL

พรูเด็นเชียล ประกันชีวิต



Intelligent Actions

Assumptions
about Courage

Assumptions
about
Security

Assumptions
about Work
Style

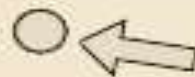
Assumptions
about Achievement

Assumptions
about Friends

Assumptions
about Time

Assumptions
about
Results

Assumptions
about People



You Are Here



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